

# CONNECTICUT VALLEY HOSPITAL

## OPERATIONAL PROCEDURE MANUAL

<b>SECTION III:</b>	<b>STRUCTURES WITH FUNCTIONS</b>
<b>CHAPTER 12.c:</b>	Rehabilitative Therapies
<b>PROCEDURE 12.c.5:</b>	<b>Occupational Therapy Services</b>
<b>REVISED:</b>	11/97; 02/07; 03/15/10; 1/31/18; 11/16/18
<b>Governing Body Approval:</b>	11/19/18( <i>electronic vote</i> )

### PURPOSE:

Occupational Therapy is a referral-based service that provides evaluation and skilled intervention to a highly diverse patient population at Connecticut Valley Hospital (CVH). These services are provided in accordance with the established standards of practice of The American Occupational Therapy Association. Occupational Therapy services are offered with dignity and respect in a patient-centered, holistic, recovery-oriented approach and are designed to promote the greatest degree of functional independence, disease prevention, and wellness possible.

The following principles are central to the practice of Occupational Therapy at CVH:

1. Development of an individualized approach to treatment by consideration of the patient's values, preferences, culture, ethnicity, religious/spiritual beliefs, and socioeconomic background.
2. The provision of skills training so that each patient may achieve his/her greatest level of functional abilities.
3. The consideration of the patient's need for community integration and appropriate community placement.
4. The provision of education to hospital based disciplines, clients, families, caregivers and community agencies in order to enhance the quality of life and sustain gains made in the patient's treatment.
5. The enhancement of Occupational Therapy Services by staff participation in ongoing professional education activities and opportunities.

### PROCEDURE:

1. Adherence to Federal and State Laws and operation Policies and Procedures of CVH and Department of Mental Health and Addictions Services.
2. Occupational Therapy Referral/Assessment/Reassessment establish the basis for treatment recommendations.
3. Services may include: Community Orientation/Skills Building Programs; Life Skills Programs/Recreation/Leisure Programs, Disability & Wellness Programs.
4. Documentation is completed in accordance with CVH's medical records documentation policies and standards.

5. Discharge Planning considers patient's preferences, strengths, and needs. Recommendations also center on patient safety and a goodness of fit between the patient and the discharge environment.
6. Continuous Quality Improvement is based upon ~~a-peer-review~~ supervisory treatment note/chart auditing process; development of new hospital programs and initiatives, and the on-going assessment of Occupational Therapy programming throughout the hospital.